



Peel Valley Congregation

Gowrie, Hallsville & West Tamworth

23 June 2024

Meg Mangan 0476 375 989

P.O. BOX 3315 WEST TAMWORTH

Psalm 9:9-20 (NLT)

- ⁹ The LORD is a shelter for the oppressed,
a refuge in times of trouble.
- ¹⁰ Those who know your name trust in
you,
for you, O LORD, do not abandon those
who search for you.
- ¹¹ Sing praises to the LORD who reigns in
Jerusalem.
Tell the world about his unforgettable
deeds.
- ¹² For he who avenges murder cares for
the helpless.
He does not ignore the cries of those
who suffer.
- ¹³ LORD, have mercy on me.
See how my enemies torment me.
Snatch me back from the jaws of death.
- ¹⁴ Save me so I can praise you publicly at
Jerusalem's gates,
so I can rejoice that you have rescued
me.
- ¹⁵ The nations have fallen into the pit they
dug for others.
Their own feet have been caught in the
trap they set.
- ¹⁶ The LORD is known for his justice.
The wicked are trapped by their own
deeds. *Quiet Interlude*
- ¹⁷ The wicked will go down to the grave.
This is the fate of all the nations who
ignore God.
- ¹⁸ But the needy will not be ignored
forever;
the hopes of the poor will not always be
crushed.
- ¹⁹ Arise, O LORD!
Do not let mere mortals defy you!
Judge the nations!
- ²⁰ Make them tremble in fear, O LORD.
Let the nations know they are merely
human.

The light heart lives long. ~ Irish Proverb

Mark 4:35-41 (NLT)

Jesus Calms the Storm

- ³⁵ As evening came, Jesus said to his
disciples, "Let's cross to the other side of
the lake."
- ³⁶ So they took Jesus in the boat and
started out, leaving the crowds behind
(although other boats followed).
- ³⁷ But soon a fierce storm came up. High
waves were breaking into the boat, and it
began to fill with water.
- ³⁸ Jesus was sleeping at the back of the
boat with his head on a cushion. The
disciples woke him up, shouting, "Teacher,
don't you care that we're going to drown?"
- ³⁹ When Jesus woke up, he rebuked the
wind and said to the waves, "Silence! Be
still!" Suddenly the wind stopped, and there
was a great calm.
- ⁴⁰ Then he asked them, "Why are you
afraid? Do you still have no faith?"
- ⁴¹ The disciples were absolutely terrified.
"Who is this man?" they asked each other.
"Even the wind and waves obey him!"

If milk gets bad, it becomes yoghurt.
Yoghurt is more valuable than milk. If it gets
even worse, it turns to cheese. Cheese is
more valuable than both yoghurt and milk.
And if grape juice turns sour, it transforms
into wine, which is even more expensive than
grape juice. You are not bad because you
made mistakes. Mistakes are the experiences
that make you more valuable as a person.
Christopher Columbus made a navigational
error that made him discover America.
Alexander Fleming's mistake led him to
invent Penicillin. Don't let your mistakes get
you down.
It is not practice that makes perfect. It is
the mistakes we learn from that makes
perfect little by little! ~anon

..... enjoy & share the gift of the friendship of Jesus



IN OUR PRAYERS

- We pray for Pat Crawford, who does so much at Fabulous Finds. She has had a stroke, and is in hospital.
- We pray for the family and friends of Noreen Dobbie, who are grieving her passing.
- We pray for Bruce Jarrett, who is continuing to recuperate after a couple of hospital stays.
- We pray for the people of the Middle East, and for the people of Ukraine.
- We pray for Evelyn and Tony, who are visiting relatives in Canada.
- We thank God for the beauty of the last of the autumn leaves.

Meg's Musings

Some weeks, I get to the end of the week, thinking, "It's been a l-o-n-g week."

But then I sometimes look up at the sky at evening and think, "How can a full moon be arriving again so soon. It seems like the last one was just a very short time ago."

So my concept of time is often warped by what's happening around me. Time seems to stretch, and also to shrink.

We have a God who is timeless - one for whom a thousand years can seem like a day.... a God who understands that our concept of time is illogical and imperfect.

Next time you are feeling pressured by deadlines, have a word with God. God is able to help us regain a proper perspective of time, and what we can - or can't - achieve.

Blessings from Meg



Singing Group - West Tamworth

2nd & 4th Monday 10am

Beginning with morning tea



Fabulous Finds Op Shop @ Hallsville

Open 9:30 to 1:00pm

Thursdays, Fridays, Saturdays.

Cuppa & chat always available.



CHURCH SERVICES

30 June 11:00am Hallsville

Combined Service

~ Rev Geoff Flynn, *Lunch to follow*



Words from Rev Geoff

Let Jesus calm the storm in your life. This Sunday we read the story of the storm found in Mark 4:35-41. Jesus is just as present in the crashing waves as he is in the still waters of the Sea of Galilee. At no time in the night is he absent or distant from his disciples. Jesus rests in the midst of his disciples, rocked as they are rocked, soaked as they are soaked.

This observation invites us as individuals and a Church to seek the grace of experiencing God's presence in the storm. The grace to know that we are accompanied by the divine in the most miserable most dangerous places.

The grace to trust that Jesus cares even when we are drowning. The grace to believe in both the existence and the power of love even when Jesus "sleeps." Even when the miraculous calm doesn't come.

Note also that Jesus waits until after the storm has blown itself out before he invites his disciples to reflect, "Why are you afraid?" Is it an accusation that implies they ought not to have been afraid or is it an invitation to pause and learn from the experience? Why are we afraid as Christians?

What false assumptions do we hold about the character of God? What damaging lessons have we learned about the relationship between chaos and care that we need to discard? Are we more interested in God being with us, or God doing things for us?

It is only after the storm has passed that the disciples ask the most important question of all: "Who is this man?", Who is the person who sleeps through storms, accepts our accusations, and offers us his quiet, mysterious presence in scary places? Could he indeed be the God who loves us in the chaos?

In her book *Any Ordinary Day*, Leigh Sales provides *numerous stories where suffering and evil doesn't lead to a loss of faith*. The tragedy of random events can draw people to faith. They seek the good because they *have experienced the bad*. They yearn for justice because injustice surrounds them. They pray for calm because chaos brings them to their knees.

It's after the life-threatening storm that the disciples recognize the holy in their midst. It's after the boat fills with water that they are "filled with a great awe." It's after Jesus accompanies them in the chaos that they realize who he is. May the same be true of us.

Reverend Geoff



Other Lectionary Readings:

1 Samuel 17:(1a,4-11, 19-23), 32-49

1 Samuel 17:57 -18:5,10-16

Psalm 133 2 Corinthians 6:1-13



The story of life is quicker than the wink of an eye. ~ Jimi Hendrix

..... enjoy & share the gift of the friendship of Jesus

Nathan - The Carrot Man

"I have seen this man before, I mean how do you miss a man carrying a giant carrot?! But i've never been able to catch him! Today I did and what a legend he is! "I have to ask, why do you always carry a giant carrot around?"

Nathan

"To make people smile... You see, one day I went to an op shop and I bought a giant turnip. I was carrying it home and noticed how much it made people smile. That made me feel really good!

So I decided to try carrying other giant things around. I carried a giant octopus and a giant squid... then I made the giant carrot and carried it around town and I noticed a big difference. The diversity of people smiling and the number of people smiling was much greater. So I just kept carrying the carrot around because it was the most successful thing at making people smile.

Personally I would have loved to keep carrying the squid but it was the carrot that everyone loved...

I'm on a disability pension, you see, and this is my way of giving back. I'm a part of the community, putting smiles on people's faces.

Like today for instance, I was at home watching a DVD, and I just thought, 'Nah, I'm going to go out and make hundreds of people smile instead with the carrot.'

Last year there was a big protest at Parliament, right wing people and anti-racism people and I was at home watching it on TV thinking 'how awful, this could end up in a riot.'

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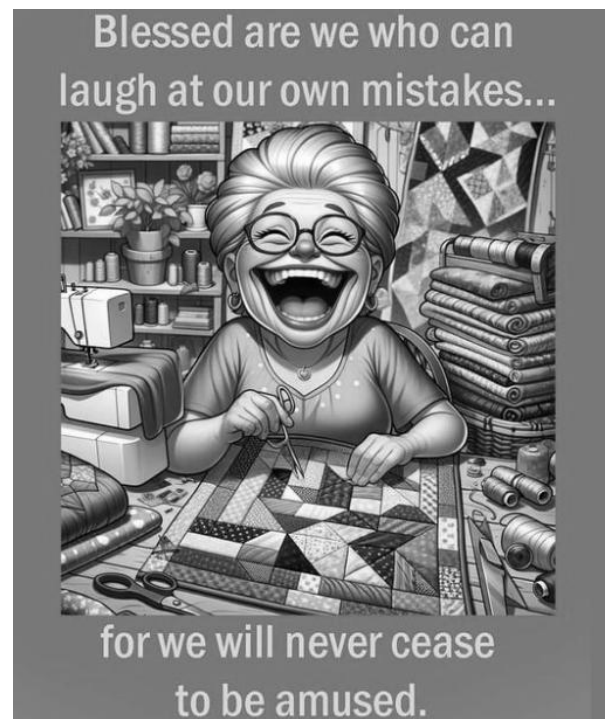


So I picked up my carrot and wandered down. It worked so well, people started smiling when they saw me and the carrot and I think it helped calm them down.

I try to get out as often as possible but you have to be in the mood to do something like this... today I've been out here for about an hour and a half and I've had hundreds and hundreds of smiles. This is what's so good about it, if I want to do something good I just grab the carrot and head on out.

Keep on carrying that carrot Nathan!
You make Melbourne a better place."

~ #Melbourneiloveyou



PEEL VALLEY CONGREGATION

Our goal: "To be transformed communities, experiencing, enjoying & sharing the gift of the friendship of Jesus."

Mission: "Called to be Free, Gifted to Serve."

Minister: Rev Geoff Flynn 0421 338 202

Pastoral Care: Meg Mangan 0476 375 989

Elders: Margaret Crowell Darvl Lush

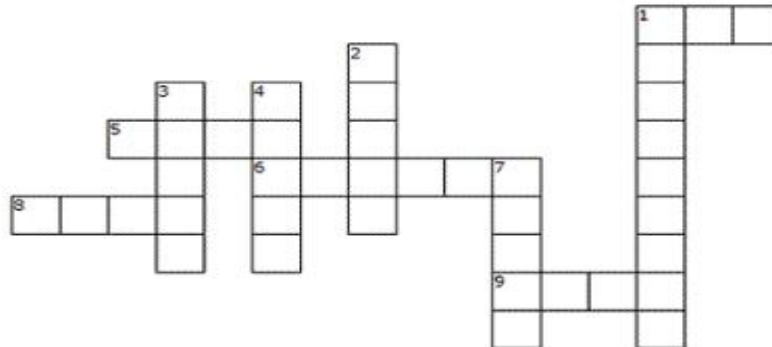


..... enjoy & share the gift of the friendship of Jesus

Peace! Be Still!

When Jesus woke up, he rebuked the wind and said to the waves, "Silence! Be still!" Suddenly the wind stopped, and there was a great calm. Mark 4:39 (NLT)

Based on Mark 4:26-29 (NIV)



ACROSS

1. A period of twenty-four hours
5. A body of water that is surrounded by land
6. To have a feeling of fear
8. A relatively small craft which travels on water
9. A raised movement of water rolling across the surface of the sea

DOWN

1. The original followers of Jesus
2. A violent weather condition with strong winds and heavy rain
3. A high degree of trust or confidence in someone
4. To be calm, without much activity
7. To die by being under water and unable to breathe

D I S C I P L E S W C A Q K K
 D C X J Q J L L M A Q T F E Y
 J R A O S Y T C J V W I N D H
 X E O L Z T E S L E E P I N G
 K Y S W M C I Q I S X W O K E
 O A L U N T S L B P C B D R J
 L A K E S Z D N L O C H E S V
 T A L L I I V Z Z Z A T E W S
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 X L F G T J D W F A I T H E F
 T A H O O E O P X O T B L R U
 Z W J Q R D B T Q Q A F T Q Y
 S L J L M J E V E N I N G S Q
 W W N Y D L Y T D L Y D J Q C

DISCIPLES	SILENCE	WOKE	EVENING	FAITH
WATER	AFRAID	LAKE	BOAT	OBEY
JESUS	CALM	CUSHION	WAVES	WIND
DROWN	HEAD	SLEEPING	STORM	STILL