



Peel Valley Congregation

Gowrie, Hallsville & West Tamworth

19 February 2023

Meg Mangan 0476 375 989

P.O. BOX 3315 WEST TAMWORTH

2 Peter 1:16-21 (NLT)

¹⁶ For we were not making up clever stories when we told you about the powerful coming of our Lord Jesus Christ. We saw his majestic splendor with our own eyes ¹⁷ when he received honor and glory from God the Father. The voice from the majestic glory of God said to him, "This is my dearly loved Son, who brings me great joy."

¹⁸ We ourselves heard that voice from heaven when we were with him on the holy mountain.

¹⁹ Because of that experience, we have even greater confidence in the message proclaimed by the prophets. You must pay close attention to what they wrote, for their words are like a lamp shining in a dark place—until the Day dawns, and Christ the Morning Star shines^[b] in your hearts.

²⁰ Above all, you must realize that no prophecy in Scripture ever came from the prophet's own understanding, ²¹ or from human initiative. No, those prophets were moved by the Holy Spirit, and they spoke from God.

Matthew 17:1-9 (NLT)

The Transfiguration

¹⁷ Six days later Jesus took Peter and the two brothers, James and John, and led them up a high mountain to be alone.

² As the men watched, Jesus' appearance was transformed so that his face shone like the sun, and his clothes became as white as light.

³ Suddenly, Moses and Elijah appeared and began talking with Jesus.

⁴ Peter exclaimed, "Lord, it's wonderful for us to be here! If you want, I'll make three shelters as memorials — one for you, one for Moses, and one for Elijah."

⁵ But even as he spoke, a bright cloud overshadowed them, and a voice from the cloud said, "This is my dearly loved Son, who brings me great joy. Listen to him."

⁶ The disciples were terrified and fell face down on the ground.

⁷ Then Jesus came over and touched them. "Get up," he said. "Don't be afraid."

⁸ And when they looked up, Moses and Elijah were gone, and they saw only Jesus.

⁹ As they went back down the mountain, Jesus commanded them, "Don't tell anyone what you have seen until the Son of Man has been raised from the dead."

Exercise for seniors

Begin by standing on a comfortable surface, where you have plenty of room at each side. With a 2kg potato bag in each hand, extend your arms straight out from your sides and hold them there as long as you can. Try to reach a full minute, and then relax.

Each day you'll find that you can hold this position for just a bit longer. After a couple of weeks, move up to a 4 kg potato bags.

Then try 8kg potato bags and then eventually try to get to where you can lift a 10kg potato bag in each hand and hold your arms straight for more than a full minute. (I'm now at this level.)



After you feel confident at that level, put a potato in each bag.

~ anon

Other Lectionary Reading for this week:

Exodus 24:12-18

Psalm 2 Psalm 99



CHURCH SERVICES

26 February 11am **West** ~ Sue Budden



It isn't the mountain ahead that wears you out—it's the grain of sand in your shoe.

~ Robert W. Service



Fabulous Finds Op Shop @ Hallsville

Open 9:30 to 1:00pm

Thursdays, Fridays, Saturdays.


4th Sunday of the month ~ Markets @ Hallsville



.... enjoy & share the gift of the friendship of Jesus



IN OUR PRAYERS

- We pray for Heather Blanch, who is now a resident at Moonby House.
- We pray for Glenda Whitten, as she has ongoing problems with her left leg. 
- We pray for Mavis Crowell who has been quite unwell.
- We continue to pray for the people of Ukraine.
- We pray for the people affected by floods and a cyclone in New Zealand.



Meg's Musings

Our neighbourhood has been a hive of building activity lately.

One house in our street has been fitted with new guttering; another had a problem with drains. Around the corner, the garage is being replaced, and over the back fence a house is being re-roofed. It's unusual for so much activity to be happening at once, but every house needs maintenance from time to time. Just as our homes need care and attention, our souls also need to be refreshed from time to time. In John 15, Jesus talks about pruning away what does not bear fruit, so that our lives will become more fruitful. God's careful pruning may not be as obvious as a new roof on a house, but it is essential for us if we are to continue to serve God faithfully.

Blessing from Meg



Uniting Churches in Tamworth
Combined Lent/Easter Services

- Shrove Tuesday**, 21 February – Tamworth Southside 10:30am for pancakes
- Ash Wednesday**, 22 February – Tamworth City 5pm time of reflection with Rev Betty Stroud
- Maundy Thursday**, 6 April – Tamworth Southside 7pm with Rev Simon Hansford
- Good Friday**, 7 April – Tamworth City 9am with Rev Simon Hansford
- Easter Sunday**, 9 April – Tamworth Southside 9:30am with Rev Simon Hansford

PEEL VALLEY CONGREGATION

Our goal: "To be transformed communities, experiencing, enjoying & sharing the gift of the friendship of Jesus."

Mission: "Called to be Free, Gifted to Serve."

Pastoral Care: **Meg Mangan 0476 375 989**



Elders: Margaret Crowell Ross Davidson
Sue Budden Daryl Lush



Immortal, Invisible

Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessed, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.

To all life thou givest, to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish as leaves on the tree,
and wither and perish but naught changeth thee.

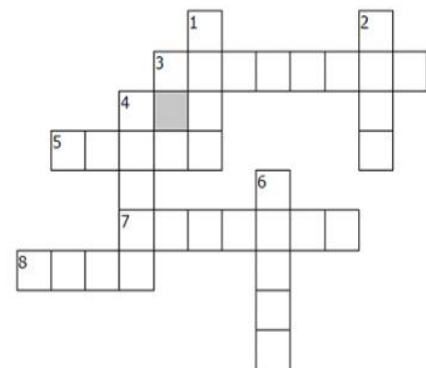
Great Father of glory, pure Father of light,
thine angels adore thee, all veiling their sight;
all praise we would render, O help us to see
'tis only the splendor of light hideth thee.

~ Walter C Smith (1867)

The Transfiguration

While he was still speaking, a bright cloud enveloped them, and a voice from the cloud said, "This is my Son, whom I love; with him I am well pleased. Listen to him!" Matthew 17:5 (NIV)

Based on Matthew 17:1-9



ACROSS

3. A raised part of the earth's surface, larger than a hill
5. A white or gray mass of very small drops of water that floats in the sky
7. Articles of apparel such as pants, shirts, dresses, etc.
8. To have a strong feeling of affection for someone

DOWN

1. Something that is pleasing, enjoyable, or of high quality
2. Having a great distance from top to bottom
4. The sound produced by the vocal organs; what we use to speak
6. The color of snow or milk

.... enjoy & share the gift of the friendship of Jesus