



Peel Valley Congregation

Gowrie, Hallsville & West Tamworth

Meg Mangan 0476 375 989

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29 August 2021

Psalm 45:1-2, 6-9 (NIV)

¹ My heart is stirred by a noble theme
as I recite my verses for the king;
my tongue is the pen of a skillful writer.

² You are the most excellent of men
and your lips have been anointed with
grace,
since God has blessed you forever.

⁶ Your throne, O God, will last for ever and
ever;
a scepter of justice will be the scepter of
your kingdom.

⁷ You love righteousness and hate 
wickedness;
therefore God, your God, has set you
above your companions
by anointing you with the oil of joy.

⁸ All your robes are fragrant with myrrh and
aloes and cassia;
from palaces adorned with ivory
the music of the strings makes you glad.

Song of Songs 2:8-13 (NIV)

⁸ Listen! My beloved!
Look! Here he comes,
leaping across the mountains,
bounding over the hills.
⁹ My beloved is like a gazelle or a young stag.
Look! There he stands behind our wall,
gazing through the windows,
peering through the lattice.
¹⁰ My beloved spoke and said to me,
"Arise, my darling,
my beautiful one, come with me.
¹¹ See! The winter is past;
the rains are over and gone.
¹² Flowers appear on the earth;
the season of singing has come,
the cooing of doves
is heard in our land.
¹³ The fig tree forms its early fruit;
the blossoming vines spread their fragrance.
Arise, come, my darling;
my beautiful one, come with me."

James 1:17-27 (NIV)

¹⁷ Every good and perfect gift is from
above, coming down from the Father of the
heavenly lights, who does not change like
shifting shadows.

¹⁸ He chose to give us birth through the word of
truth, that we might be a kind of firstfruits of all
he created.

Listening and Doing

¹⁹ My dear brothers and sisters, take note of
this: Everyone should be quick to listen, slow to
speak and slow to become angry, ²⁰ because
human anger does not produce the
righteousness that God desires.

²¹ Therefore, get rid of all moral filth and the
evil that is so prevalent and humbly accept the
word planted in you, which can save you.

²² Do not merely listen to the word, and so
deceive yourselves. Do what it says.

²³ Anyone who listens to the word but does not
do what it says is like someone who looks at
his face in a mirror ²⁴ and, after looking at
himself, goes away and immediately forgets
what he looks like.

²⁵ But whoever looks intently into the perfect
law that gives freedom, and continues in it—
not forgetting what they have heard, but doing
it—they will be blessed in what they do.

²⁶ Those who consider themselves religious
and yet do not keep a tight rein on their
tongues deceive themselves, and their religion
is worthless.

²⁷ Religion that God our Father accepts as pure
and faultless is this: to look after orphans and
widows in their distress and to keep oneself
from being polluted by the world.

The meaning of life is to find your gift. The
purpose of life is to give it away. ~ Pablo Picasso

PEEL VALLEY CONGREGATION

Our goal: "To be transformed communities, experiencing, enjoying
& sharing the gift of the friendship of Jesus."

Mission: "Called to be Free, Gifted to Serve."

Pastoral Care: **Meg Mangan 0476 375 989**

Elders: Margaret Crowell Ross Davidson Bruce Jarrett





IN OUR PRAYERS

- We give thanks that Sophie Littlejohns has finally left hospital, and pray for her continued recovery.
- We also give thanks that Ivan Whitten's eye problem has been identified, and he is back at work.
- We pray that Phil Matthews and Jo Smallbil are able to enjoy the next phases of their lives, after each has recently retired from ministry.
- We pray for the family and friends of Kevin Hoyt and Reg Meyer, as they cope with their time of loss during the Covid19 lockdowns.

Mark 7: 1-8, 14-15, 21-23:

Once again, a message relevant to Covid19!

The religious leaders are looking down their noses at Jesus' disciples.

The disciples were observed eating - without having washed their hands. Scandalous!

Rules like these have been formulated to ensure that diseases are not spread too readily.

The surprise is that the connection between hand-washing and good health was made thousands of years ago..... and that people today still overlook this very commonsense precaution.

Jesus appears to stand up for his disciples - not because they are blameless. Jesus points out to the religious leaders that they are at fault because of what comes out of them.... their words and actions.

Jesus lets the religious leaders know that what is in their hearts and minds is like a poison, escaping via their words and actions, to infect the people around them.

Those words and deeds have an impact on others. They can hurt them in ways which can't be seen, but which are real, and long-lasting.

We can all remember words which have "cut us to the quick". They echo in our minds long after they were spoken.... sometimes long after the one who spoke them has died.

Similarly, we can each remember words which helped us - words of praise, of love, of support. These too, echo down the years, and may provide comfort and strength in new situations.

How will your words and deeds be remembered?

Blessing from Meg



Sitting on the couch, my hubby sweetly whispered: "The best part about all of this is that I get to spend more time at home with you."



As I looked over at him lovingly, I realized he was talking to the dog, not me. ~ unknown

Meg's Musings

As I walked around our neighbourhood last week, I was able to enjoy the magnolia trees, out in full bloom. They were truly beautiful.

Fast forward to last Wednesday morning. After over an inch of rain, and some strong, cold winds, there were more blossoms on the ground under the trees than there was on the branches.

Does that mean that the efforts of the magnolia trees were in vain?

Not at all!

I'm sure that the beauty of the trees brought pleasure to many people out for their daily exercise.

Things of beauty and value often come to an end, but they are never wasted.

Why?

Because they have touched the hearts, or the lives, of someone - in a positive and life-giving way.

The magnolia trees can be a reminder of God's beauty and generosity.

Each act of generosity we make touches someone.

Our words and actions, like the magnolia trees, can remind others of our loving, generous God.

Blessing from Meg



30 August ~ Denby Budden

31 August ~ Fiona Hansford

31 August ~ Alan Littlejohns



Why should I smile when there is no joy in me?

The answer to that is: Smiling is a practice.

There are over 300 muscles in your face. When you are angry or fearful, the muscles tense up.



The tension in these muscles creates a feeling of hardness. If you know how to breathe in and produce a smile, however, the tension will disappear - it is called 'mouth yoga'. Make smiling an exercise. Just breathe in and smile - the tension will disappear and you will feel much better.

~ Thich Nhat Hanh

"I've learned that you can tell a lot about a person by the way (s)he handles these three things: a rainy day, lost luggage, and tangled Christmas tree lights." ~ Maya Angelou