



# Peel Valley Congregation

Gowrie, Hallsville & West Tamworth

9 February 2020

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P.O. BOX 3315 WEST TAMWORTH

**Isaiah 58:1-9 (NIV)**

## True Fasting

**58** "Shout it aloud, do not hold back.  
 Raise your voice like a trumpet.  
 Declare to my people their rebellion  
 and to the descendants of Jacob their sins.  
<sup>2</sup> For day after day they seek me out;  
 they seem eager to know my ways,  
 as if they were a nation that does what is right  
 and has not forsaken the commands of its God.  
 They ask me for just decisions  
 and seem eager for God to come near them.  
<sup>3</sup> 'Why have we fasted,' they say,  
 'and you have not seen it?  
 Why have we humbled ourselves,  
 and you have not noticed?'  
 "Yet on the day of your fasting, you do as you  
 please  
 and exploit all your workers.  
<sup>4</sup> Your fasting ends in quarrelling and strife,  
 and in striking each other with wicked fists.  
 You cannot fast as you do today  
 and expect your voice to be heard on high.  
<sup>5</sup> Is this the kind of fast I have chosen,  
 only a day for people to humble themselves?  
 Is it only for bowing one's head like a reed  
 and for lying in sackcloth and ashes?  
 Is that what you call a fast,  
 a day acceptable to the LORD?  
<sup>6</sup> "Is not this the kind of fasting I have chosen:  
 to loose the chains of injustice  
 and untie the cords of the yoke,  
 to set the oppressed free  
 and break every yoke?  
<sup>7</sup> Is it not to share your food with the hungry  
 and to provide the poor wanderer with shelter—  
 when you see the naked, to clothe them,  
 and not to turn away from your own flesh and  
 blood?  
<sup>8</sup> Then your light will break forth like the dawn,  
 and your healing will quickly appear;  
 then your righteousness will go before you,  
 and the glory of the LORD will be your rear guard.  
<sup>9</sup> Then you will call, and the LORD will answer;  
 you will cry for help, and he will say:  
**Here am I.**

**1 Corinthians 2:1-12 (NIV)**

**2** And so it was with me, brothers and sisters. When I  
 came to you, I did not come with eloquence or human  
 wisdom as I proclaimed to you the testimony about  
 God.  
<sup>2</sup> For I resolved to know nothing while I was with you  
 except Jesus Christ and him crucified.  
<sup>3</sup> I came to you in weakness with great fear and  
 trembling.  
<sup>4</sup> My message and my preaching were not with wise  
 and persuasive words, but with a demonstration of the  
 Spirit's power, <sup>5</sup> so that your faith might not rest on  
 human wisdom, but on God's power.  
**God's Wisdom Revealed by the Spirit**  
<sup>6</sup> We do, however, speak a message of wisdom  
 among the mature, but not the wisdom of this age or  
 of the rulers of this age, who are coming to nothing.  
<sup>7</sup> No, we declare God's wisdom, a mystery that has  
 been hidden and that God destined for our glory  
 before time began.  
<sup>8</sup> None of the rulers of this age understood it, for if  
 they had, they would not have crucified the Lord of  
 glory.  
<sup>9</sup> However, as it is written:  
 "What no eye has seen,  
 what no ear has heard,  
 and what no human mind has conceived"—  
 the things God has prepared for those who love  
 him—  
<sup>10</sup> these are the things God has revealed to us by his  
 Spirit.  
 The Spirit searches all things, even the deep things of  
 God.  
<sup>11</sup> For who knows a person's thoughts except their  
 own spirit within them? In the same way no one  
 knows the thoughts of God except the Spirit of God.  
<sup>12</sup> What we have received is not the spirit of the  
 world, but the Spirit who is from God, so that we may  
 understand what God has freely given us.

All limitations are self-imposed. ~ Oliver Wendell Holmes

### PEEL VALLEY CONGREGATION

Our goal: "To be transformed communities, experiencing, enjoying  
& sharing the gift of the friendship of Jesus."

Mission: "Called to be Free, Gifted to Serve."

Pastoral Care: **Meg Mangan 0466 337 005**

Elders: Margaret Crowell Ross Davidson Bruce Jarrett



Whatever you do, do it well. ~ Walt Disney

**Memory Lane** Tuesday 18 February  
10:00 am at West



**1<sup>st</sup> Sunday of the month**

~ Luncheon @ West

**4<sup>th</sup> Sunday of the month**

~ Markets @ Hallsville

**23 February**

**1<sup>st</sup> & 3<sup>rd</sup> Tuesday MEMORY LANE**

.... enjoy & share the gift of the friendship of Jesus



### IN OUR PRAYERS

- We pray for Max Whitten who has spent time in hospital this week.
- Shirley Whitten is also in our prayers.
- We give thanks that Kevin Hoyt passed his driving test this week.
- We pray for Jenny and Ian Brown as they wait for repairs to commence on their water-damaged home.
- We continue to pray for rain for our region.
- We pray for Suzanne Holloway as she commences theological studies.

### Meg's Musings

After a couple of days, and nights, of cooling breezes, the floor tiles in our bathroom no longer felt warm. It was the first time in months.

It seems like such a small thing, but it symbolised our house cooling down to a comfortable temperature.

Often when I visit people, they speak about small things that people have done for them many years ago.... things which still mean a lot to them.

We never know how much something we do is going to mean to another person. Acts of kindness done in love may be remembered forever.

Jesus challenged the people of his day, and us, to be salt and light - to do small things with love.....

to make a difference to the people around us.

Blessings from Meg



### Mathew 5:13-20 (NIV)

#### Salt and Light

<sup>13</sup> "You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot.

<sup>14</sup> "You are the light of the world. A town built on a hill cannot be hidden.

<sup>15</sup> Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house.

<sup>16</sup> In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

#### The Fulfillment of the Law

<sup>17</sup> "Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them.

<sup>18</sup> For truly I tell you, until heaven and earth disappear, not the smallest letter, not the least stroke of a pen, will by any means disappear from the Law until everything is accomplished.

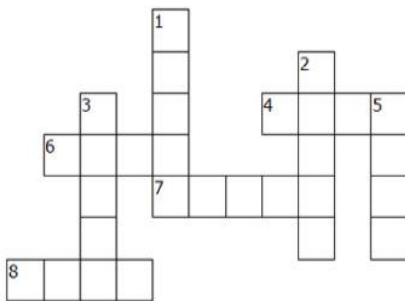
<sup>19</sup> Therefore anyone who sets aside one of the least of these commands and teaches others accordingly will be called least in the kingdom of heaven, but whoever practices and teaches these commands will be called great in the kingdom of heaven.

<sup>20</sup> For I tell you that unless your righteousness surpasses that of the Pharisees and the teachers of the law, you will certainly not enter the kingdom of heaven.

### Plugged In and Turned On

"You are the light of the world." Matthew 5:14 (NIV)

Based on Matthew 5:14-16 (NIV)



#### ACROSS

4. A dish that is used for holding fruit or liquids or for serving food
6. An elevated area of land smaller than a mountain
7. The performance of good acts
8. A large urban area where many people live

#### DOWN

1. All of the living human inhabitants of the earth
2. A place where families live
3. Any device serving as a source of illumination
5. A piece of furniture holding one or more electric light bulbs

### Psalms 112:1-9 (NIV)

<sup>1</sup> Praise the LORD.

Blessed are those who fear the LORD, who find great delight in his commands.

<sup>2</sup> Their children will be mighty in the land; the generation of the upright will be blessed.

<sup>3</sup> Wealth and riches are in their houses, and their righteousness endures forever.

<sup>4</sup> Even in darkness light dawns for the upright, for those who are gracious and compassionate and righteous.

<sup>5</sup> Good will come to those who are generous and lend freely, who conduct their affairs with justice.

<sup>6</sup> Surely the righteous will never be shaken; they will be remembered forever.

<sup>7</sup> They will have no fear of bad news; their hearts are steadfast, trusting in the LORD.

<sup>8</sup> Their hearts are secure, they will have no fear; in the end they will look in triumph on their foes.

<sup>9</sup> They have freely scattered their gifts to the poor, their righteousness endures forever; their horn will be lifted high in honour.

Love For All, Hatred For None. ~ Khalifatul Masih

.... enjoy & share the gift of the friendship of Jesus