



Peel Valley Congregation

Gowrie, Hallsville & West Tamworth

24-26 July 2015

Meg Mangan 0466 337 005

P.O. BOX 3315 WEST TAMWORTH

2 Samuel 11:1-15 (NIV)

David and Bathsheba

11 In the spring, at the time when kings go off to war, David sent Joab out with the king's men and the whole Israelite army. They destroyed the Ammonites and besieged Rabbah. But David remained in Jerusalem.

² One evening David got up from his bed and walked around on the roof of the palace. From the roof he saw a woman bathing. The woman was very beautiful, ³ and David sent someone to find out about her. The man said, "She is Bathsheba, the daughter of Eliam and the wife of Uriah the Hittite." ⁴ Then David sent messengers to get her. She came to him, and he slept with her. (Now she was purifying herself from her monthly uncleanness.) Then she went back home. ⁵ The woman conceived and sent word to David, saying, "I am pregnant."

⁶ So David sent this word to Joab: "Send me Uriah the Hittite." And Joab sent him to David. ⁷ When Uriah came to him, David asked him how Joab was, how the soldiers were and how the war was going. ⁸ Then David said to Uriah, "Go down to your house and wash your feet." So Uriah left the palace, and a gift from the king was sent after him. ⁹ But Uriah slept at the entrance to the palace with all his master's servants and did not go down to his house.

¹⁰ David was told, "Uriah did not go home." So he asked Uriah, "Haven't you just come from a military campaign? Why didn't you go home?" ¹¹ Uriah said to David, "The ark and Israel and Judah are staying in tents, and my commander Joab and my lord's men are camped in the open country. How could I go to my house to eat and drink and make love to my wife? As surely as you live, I will not do such a thing!"

¹² Then David said to him, "Stay here one more day, and tomorrow I will send you back." So Uriah remained in Jerusalem that day and the next. ¹³ At David's invitation, he ate and drank with him, and David made him drunk. But in the evening Uriah went out to sleep on his mat among his master's servants; he did not go home.

¹⁴ In the morning David wrote a letter to Joab and sent it with Uriah. ¹⁵ In it he wrote, "Put Uriah out in front where the fighting is fiercest. Then withdraw from him so he will be struck down and die."

Psalms 14 (NIV)

¹ The fool says in his heart, "There is no God."

They are corrupt, their deeds are vile; there is no one who does good.

² The LORD looks down from heaven on all mankind to see if there are any who understand, any who seek God.

³ All have turned away, all have become corrupt; there is no one who does good, not even one.

⁴ Do all these evildoers know nothing? They devour my people as though eating bread; they never call on the LORD.

⁵ But there they are, overwhelmed with dread, for God is present in the company of the righteous.

⁶ You evildoers frustrate the plans of the poor, but the LORD is their refuge.

⁷ Oh, that salvation for Israel would come out of Zion! When the LORD restores his people, let Jacob rejoice and Israel be glad!



10 Steps to Self-Care

1. If it feels wrong, don't do it.
2. Say "exactly" what you mean.
3. Don't be a people pleaser.
4. Trust your instincts.
5. Never speak badly about yourself.
6. Never give up on your dreams.
7. Don't be afraid to say "no".
8. Don't be afraid to say "yes".
9. Resist the need to always have control.
10. Stay away from drama and negativity - as much as possible.



Source: Lessons Learned in Life

Ephesians 3:14-21 (NIV)

A Prayer for the Ephesians

¹⁴ For this reason I kneel before the Father, ¹⁵ from whom every family in heaven and on earth derives its name.

¹⁶ I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, ¹⁷ so that Christ may dwell in your hearts through faith.

And I pray that you, being rooted and established in love, ¹⁸ may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, ¹⁹ and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

²⁰ Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, ²¹ to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.



NOTICE OF MEETING

Peel Valley Church Council Meeting **2 August**
West Tamworth **1pm** following lunch



Bible Readings ~ August 2

2 Samuel 11:26-12:13 **Psalms** 51:1-12
Ephesians 4:1-16 **John** 6:24-35

PEEL VALLEY CONGREGATION

Our goal: "To be transformed communities, experiencing, enjoying & sharing the gift of the friendship of Jesus."

Mission: "Called to be Free, Gifted to Serve."

Pastoral Care: **Meg Mangan 0466 337 005**

Elders: Margaret Crowell Doss Wark Ross Davidson
Barbara Murray Gillian & Bruce Jarrett



..... enjoy & share the gift of the friendship of Jesus



IN OUR PRAYERS

- We pray for Phyll Bylund. She had a fall last Sunday and broke her arm near her elbow. She was operated on last Wednesday, and we pray that she makes a good recovery.
- Nancy Parsons is now a resident at MacKay House. We pray that she feels comfortable there.
- We pray for Myra who has had some serious health issues over the past week.
- Val Oates and Jean Stratford are both suffering with 'flu at the moment. We pray for them, and everyone else with the 'flu.
- We pray for each of our drivers and carers. Many have had health issues recently.



Meg's Musings

Some people have immaculate gardens, with everything in place; neat, pretty and flowering. They quickly pull out plants that are "past their best", replacing them with new plants. This means that they must have a hidden area in which they grow seedlings, or else they must constantly purchase new plants, which are about to reach their peak.

Other people allow their garden to be a more "natural" place, where plants are allowed to remain in place whilst they are still alive. The garden doesn't look as neat, but it more truly reflects life's cycle. Plants are allowed to seed, thereby ensuring that new plants will come up next year. There may be times where there are gaps between plants, or there may be plants which appear "straggly", and have few flowers.

Life is like that. Some of the time we are "at our best", but most of the time we have some imperfections showing. But we still have much to give, and don't need to hide away or uproot ourselves because we are not perfect.

In some ways, the way in which we cope with our pain, our imperfections and our disabilities holds important messages for the people around us, and especially for younger friends and family members – we become the "seeds" for the next generation.



Blessings from Meg

~ The God we serve does not seek out the perfect, but instead uses our imperfections and our shortcomings for his greater good. I am humbled by my own limitations. But where I am weak, He is strong.

~Rick Perry

~ Love is friendship that has caught fire. It is quiet understanding, mutual confidence, sharing and forgiving. It is loyalty through good and bad times. It settles for less than perfection and makes allowances for human weaknesses. ~ Ann Landers

~ You can search throughout the entire universe for someone who is more deserving of your love and affection than you are yourself, and that person is not to be found anywhere. You yourself, as much as anybody in the entire universe deserve your love and affection. ~ Buddha

John 6:1-21 (NIV)

Jesus Feeds the Five Thousand

6 Some time after this, Jesus crossed to the far shore of the Sea of Galilee (that is, the Sea of Tiberias), ² and a great crowd of people followed him because they saw the signs he had performed by healing the sick. ³ Then Jesus went up on a mountainside and sat down with his disciples. ⁴ The Jewish Passover Festival was near.

⁵ When Jesus looked up and saw a great crowd coming toward him, he said to Philip, "Where shall we buy bread for these people to eat?" ⁶ He asked this only to test him, for he already had in mind what he was going to do.

⁷ Philip answered him, "It would take more than half a year's wages to buy enough bread for each one to have a bite!"

⁸ Another of his disciples, Andrew, Simon Peter's brother, spoke up, ⁹ "Here is a boy with five small barley loaves and two small fish, but how far will they go among so many?"

¹⁰ Jesus said, "Have the people sit down." There was plenty of grass in that place, and they sat down (about five thousand men were there). ¹¹ Jesus then took the loaves, gave thanks, and distributed to those who were seated as much as they wanted. He did the same with the fish.

¹² When they had all had enough to eat, he said to his disciples, "Gather the pieces that are left over. Let nothing be wasted." ¹³ So they gathered them and filled twelve baskets with the pieces of the five barley loaves left over by those who had eaten.

¹⁴ After the people saw the sign Jesus performed, they began to say, "Surely this is the Prophet who is to come into the world." ¹⁵ Jesus, knowing that they intended to come and make him king by force, withdrew again to a mountain by himself.

Jesus Walks on the Water



¹⁶ When evening came, his disciples went down to the lake, ¹⁷ where they got into a boat and set off across the lake for Capernaum. By now it was dark, and Jesus had not yet joined them.

¹⁸ A strong wind was blowing and the waters grew rough. ¹⁹ When they had rowed about three or four miles, they saw Jesus approaching the boat, walking on the water; and they were frightened. ²⁰ But he said to them, "It is I; don't be afraid." ²¹ Then they were willing to take him into the boat, and immediately the boat reached the shore where they were heading.



Beauty is perfect in its imperfections, so you just have to go with the imperfections. ~ Furstenberg

HAPPY BIRTHDAY

25 July

~ Beulah Fenwick

27 July

~ Amity Debenham

Don't just count your years, make your years count. ~ George Meredith

CHURCH SERVICES

31 July 6pm

Hallsville ~ David Bissett

2 August 8.30am

Gowrie ~ David Bissett HC

2 August 11am

West ~ David Bissett HC



1st Sunday of the month

~ Luncheon @ West

4th Sunday of the month

~ Markets @ Hallsville

3rd Sunday of the month

~ Trading Table @ West Tamworth

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